JoViPak Product Guide
Products for chronic & acute edema

Lymphedema   —   Post-Surgical Edema   —   Sports Injury Therapy

Effective March 1, 2014
Welcome to JoViPak!

As a global leader, the team at JoViPak® is serious about finding the best answers for treating acute and chronic edema and related venous insufficiency. Thanks to the input from doctors, therapists and patients from around the world, we continue to innovate and add new products. Tested for functionality and effectiveness, JoViPak® products are user friendly and comfortable, leading to improved compliance with positive therapeutic outcomes.

We welcome your questions and thoughts as we continue our efforts to bring the latest innovation and technology for the effective and efficient treatment of Lymphedema, Venous Insufficiency, Post-Surgical Edema Management and Sports Injury Therapy. We want to hear about your experience. Please send your comments to: info@jovipak.com

PRODUCT APPLICATION

JoViPak® garments are used for treating and managing edema as well as complimentary devices in the management of wounds and support of a joint or compromised tissue where edema is problematic. Presenting the JoViPak® product lines: **Rehab Line** addresses swelling around a joint, and in many cases is a complete system of support and compression in one garment. **Vascular Insufficiency Garments** are designed to facilitate easy wound access and provide a management system which supports vascular health. The **Combi** styles are slimline padded daytime garments with therapeutic benefits for fibrosis, which flat or circular knit daytime compression garments cannot accomplish. **Transition Line** is an easy donn/doff system with multiple applications for edema management as a bandage and pump liner. JoViPak’s classic **Lymphedema Garments** are for typical nighttime wear which promote lymph drainage, fibrosis softening and increased patient independence. A recent clinical study has shown that using a JoViPak garment as a liner under a pneumatic pump appliance is an effective way to improve patient compliance and promote better outcomes. **There is a JoViPak® garment to cover every part of the human anatomy where help with lymphatic drainage is required.**

Disclaimer: JoViPak Corporation assumes no liability for the use of its products without a written recommendation from a licensed healthcare professional.

ABOUT US

JoViPak® is a socially responsible manufacturer of products used to treat acute and chronic edema and related venous insufficiency. We sell compression garments, liners and pads and have been successfully doing so for over 15 years. Founded by JoAnn Rovig, a renowned lymphedema therapist, educator and cancer survivor, JoViPak® has been a leader in the industry since its inception. Based in Seattle, WA our products are made from the highest quality natural and organic materials available and are exclusively manufactured in the USA. JoViPak® can be found all over the world and we are proud of our ability to serve both the domestic and international communities. Thanks to input from doctors, therapists and patients, we continue to innovate and add new products to our line and are focused on staying at the forefront of our industry.
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Product Ordering Information

Ready-Made Garments - (Referenced as “RM” throughout this guide.)
JoViPak’s Ready-Made garments are made from our 2000+ standard sized patterns. As you measure each patient, refer to our Standard Size Charts to determine if they fit into a Ready-Made garment. A Ready-Made JoViPak is not only less expensive than Custom, but all orders will be shipped in 3 business days. Ready-Made garments are returnable, providing they have not been worn and are returned within 30 days of the invoice date. If the return is received after the 30 day window, there is a 15% restocking fee. No garments are returnable after 60 days.

Custom Fit Garments (Referenced as “Custom” throughout this guide)
If your patient’s measurements do not fall within our standard size charts, a Custom garment is your best option. A pattern is made from your patient’s exact measurements and is guaranteed to fit providing our pattern-maker has received accurate and current patient information. Because of the engineering required for these garments, the cost is greater than Ready-Made; however, they do provide an individualized fit with optimal therapeutic benefit. JoViPak does offer one free reduction alteration for one year for those patients who have registered their new garment at time of purchase. (The custom garment registration form is on the JoViPak website: www.jovipak.com under “Resources”.)

When a patient has special needs, i.e., has over-hanging lobules, a misshapen or deformed limb, is obese (300 lbs+), or has limited donning/doffing capabilities, our design team may designate the order as a “Special Order” and recommend the Prepaid Alteration Option as these orders may not qualify for the “Guaranteed to Fit Policy” or the one-year free alteration policies. We will prepare a quote for these Special Orders and collaborate with the therapist and/or fitter to provide an individualized solution. Please send photographs and any additional information that will help JoViPak create the best possible Custom or Special Order garment for your patient.

Alterations
Yes, we do alterations. You can add zippers and gussets or make the garments larger, smaller and/or shorter; however, all alteration markings must follow the seam line. Adding a zipper at a later time can make the garment tighter, so please consider this with your initial order. For circumferential reductions, ask your patient to don the garment, then you pinch the excess fabric as needed along the seam and mark along both sides of the seam with a marking pen. It must be pulled to a comfortably snug, but not a tight fit. A garment returned for alterations MUST BE CLEAN per FDA regulations. Any garment that requires cleaning beyond standard washing and drying, e.g., pet hair removal, will be returned. Alteration markings should be made AFTER laundering. Complete new measurements for the custom fit garment and send the matching JoViJacket, which will be modified to fit the altered garment. Unique to JoViPak is a 48-hour turn-around time for alterations.

We are aware that your patient will be without their garment until the adjustments have been made, which is a good reason to make sure your instructions are clear and the garment has been laundered prior to sending it. If you have alteration questions, call customer service at 1-866-888-5684. Use an Alteration and/or Return form, available on our website. (We do not use Return Authorization (RA) numbers, so please use patient’s name as reference.)

Prepaid Alterations
Anticipating a great result for your patient from your therapy? Protect them from costly alterations and reduce your paperwork. Take advantage of the Prepaid Reduction Option when placing the initial order. With return ground shipping included, this worry-free option renews the maximum therapeutic benefit. Good for one reduction alteration within one year from date of invoice.

Acute and chronic edemas are caused by many factors. The use of JoViPak products may not be appropriate in all circumstances and should be used under the guidance of qualified medical professionals.
Fitting Guidelines
Inspect the garment before the first fitting and compare with your order. If you have a problem, call us immediately. JoViPak garments are dynamic three-dimensional lymphatic drainage devices – looks may be deceiving. Visual incongruity issues will disappear upon fitting. It is important to discuss with the patient the use and benefits of the garment and any companion pads or JoViJacket. Ideally, the therapist and/or fitter will instruct the patient on the best method to don and doff the garment and advise them to always use rubber gloves to prevent damage. (Fingernail damage is not covered by warranty.) Detailed “Donning Instructions” are on our web site.

Care Guidelines
Washing JoViPak garments frequently will lower the risk of infection and extend garment life. Care instructions are included with the patient’s order and are also available on our web site.

Return Guidelines
1. Ready-Made products are returnable for credit if clean and unworn. Place a new order to expedite receipt of desired replacement. Include a copy of original order, mark RETURN FOR CREDIT and ship back – no RA # required. Your account will be credited when we receive the original product and must be returned within 30 days of the invoice date to avoid a 15% restocking fee. Please reference patient’s name. Products are not returnable after 60 days.
2. For Custom orders, call to discuss the best option to resolve an issue. If the garment is not to specification, DO NOT send the garment home for a trial unless you have spoken to us first. If we recommend a return, complete the Alteration and/or Return Form on our web site – www.jovipak.com (found at the bottom of the page) and include it with the returned garment.
3. Initial fitting: If a custom garment does not fit the patient at the initial fitting, new measurements MUST be taken for comparison to honor the Guarantee to Fit Policy (page 5). Be sure to review “Helpful Hints” (page 16 and 26) before returning a garment.
4. Alteration of previously issued garment: If a garment needs to be altered, follow the instruction on the Alteration and/or Return Form (found on our web site) and carefully mark the garment. Ship the clean garment and completed form to JoViPak. There is a charge if the Prepaid Reduction Option was not included with the original purchase.
5. All “components” must be returned together. (i.e., the padded garment & the JoViJacket) or additional alteration charges may apply.
6. ALL garments: The FDA requires us to handle only clean garments. Please refer to the care instructions prior to returning a “loved” garment. A minimum cleaning fee of $25 for each item will be added. Any garment that requires cleaning beyond standard washing and drying, i.e., pet hair removal, will be returned.

Custom Fit Garments cannot be returned for credit or exchange but they can be altered - the Guarantee to Fit Policy (page 5) applies or the Prepaid Reduction Option is available.
Call us ANYTIME to discuss your order. We are here to help you find the right solution for your garment needs. Consider us your “Edema Problem Solvers”.

Medical Necessity Statement - For Insurance Reimbursement
A “Medical Necessity Statement” is often required by insurance companies along with a letter of “Medical Necessity” signed by the prescribing physician. Go to www.jovipak.com home page and scroll down to Forms to download these letters.
We guarantee a proper fit for custom garments - This is our commitment to you.

If you provide us with timely, accurate and thorough measurements we guarantee you a quality product that fits and provides maximum therapeutic benefit, all of which promotes optimal compliance. If it does not fit, we retrofit – at no charge to you.

That’s our commitment, but if the patient has increased or decreased in size in the intervening time between measuring and receipt of order, or the fitter has not provided information that ultimately affects the fit of the garment, the Guarantee to Fit Policy is not applicable and standard alteration charges will apply. Measurements must be taken within 10 days of the order being placed. If you are waiting for insurance approval that extends past the 10 days then please re-measure the patient. During production time we recommend continued use of therapy such as MLD and wrapping to maintain the original measurements taken for the garment. If you are concerned about providing proper measurements for any garment, please call customer service at 1-866-888-5684. The Guarantee to Fit Policy expires 10 days after receipt of the garment.

Ideally, a Custom Fit garment is ordered when the patient’s condition has stabilized. By wearing a JoViPak your patient may continue to reduce, and for a full year from receiving their garment they are encouraged to use their one free reduction alteration, providing they have registered their garment at time of purchase. Registration is found at www.jovipak.com under Resources.

JoViPak garments are 3-dimensional dynamic lymphatic drainage devices and will change shape under compression. Overall tolerances are .5 cm +/- for pads and 4% variance for garments. Sometimes JoViPak is asked to engineer a truly custom design that is outside the bounds of a standard product and these requests are considered Special Orders. Keep in mind Special Orders will not be eligible for the Guarantee to Fit Policy.

Upon receiving your new JoViPak garment, carefully inspect and fit the garment to the patient as soon as possible. Be sure the patient can don/doff the product and that it will provide the desired therapeutic benefit. Remember many custom garments are bandage liners and must have additional compression for a maximum fit and effectiveness, so there may be excess space until the JoViJacket or other outer compression is in place. If your new custom garment needs adjustment, please see return guidelines for the optimal turn-around time.

Warranty
- JoViPak Organic Cotton/Lycra® Garments are guaranteed against defects in materials and craftsmanship for 9 months with normal use and care.
- JoViPak Polartec® Power Dry® Garments are guaranteed against defects in materials and craftsmanship for 1 year with normal use and care.
- Box Finger Gloves, JoViJackets and Nylon/Spandex® wraps are guaranteed for 3 months. Treat them as you would a compression stocking, using rubber gloves for donning. We recommend replacing your JoViJacket every 6 months to maintain optimal therapeutic benefit.

The use of bleach, fabric softeners, dryer sheets or excessive dryer heat will void the warranty. Damage due to abnormal use, fingernail tears and runs or excessive force in donning is not covered under the warranty. Garments that are worn beyond their intended use and are damaged due to misuse are not covered (e.g., wear on the heel that can be prevented by proper use of JoViJacket or Safety Sok). Many JoViPak products are liners, not compression garments, and are designed to be worn under a JoViJacket, short-stretch bandages, an outer binder or a pump appliance. Without these, JoViPak garments are not guaranteed to keep their shape over time or provide optimal therapeutic benefit.

The date of the warranty policy begins at the date of shipment. The full text of the JoViPak Guarantee is available at www.jovipak.com.
Schedule a Virtual In-Service with us and learn all about JoViPak’s products! If you are new to JoViPak or a long-time friend we are dedicated to educating you about our products. From the comfort of your own office you can earn a 1 hour CEU by participating in a customized training session.

JoViPak offers Virtual In-Services for physicians, nurses, therapists, fitters, DME’s and any interested party who will benefit from the use of JoViPak products. The In-Services are presented to you through a program we utilize to stream videos to your computer called FUZE®. One of our technical advisors will host the In-Service and be present during the entire online presentation. With a little planning, we will customize the presentation to your needs. Many practitioners will schedule the meeting during their lunch hour and use that time to familiarize themselves with the JoviPak products. Another option is to work with you to accommodate whatever time is most convenient. Because it is an in house In-Service, we can offer you 1 Continuing Education Unit (CEU) for 1 hour of participation.

To sign up for a Virtual In-Service either call 866-888-5684 or go to www.jovipak.com

EARN 1 HOUR CEU
<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Garment</th>
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<tbody>
<tr>
<td>A5126</td>
<td>Adhesive or non-adhesive disc or foam pad</td>
<td>Breast and Chest Wall Pads, Miscellaneous Pads, Universal Neck Pad, Peri-Auricular Neck Pad, Eye Pad</td>
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<td>A6549</td>
<td>Gradient compression stocking, not otherwise specified</td>
<td>JoVijackets, Classic Arm Sleeve, InnaSleeve, Combi Sleeve, Shoulder-Torso Sleeve, Busti, Vest, Box Finger Glove, Classic Leg Garment, Transitions, Hip Hugger, Hip Hugger Combi, ADVI, ADVI Combi, Boxer, InnaBoot</td>
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<tr>
<td>A9900</td>
<td>Miscellaneous DME supply, accessory, and/or service component of another HCPCS code</td>
<td>Malleolus Pad, Dorsum Pad, Palm Pad as a component of another garment</td>
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<tr>
<td>E1399</td>
<td>Durable Medical Equipment, miscellaneous</td>
<td>Classic Arm Sleeve, Custom Arm Sleeve, Inna Sleeve, Combi Sleeve, Shoulder-Torso Sleeve, Busti, Vest, Box Finger Glove, Classic Leg Garment, Custom Leg Garment, Transitions, Hip Hugger, Hip Hugger Combi, ADVI, ADVI Combi, Boxer, InnaBoot, Head &amp; Neck Garments &amp; Pads, Breast and Chest Wall Pads, Bellisse, Miscellaneous Pads</td>
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<tr>
<td>L8010</td>
<td>Breast prosthesis, mastectomy sleeve</td>
<td>Shoulder-Torso Sleeve &amp; JoViJacket, Ready-Made Classic Arm Sleeve &amp; JoViJacket, Custom Arm Sleeve &amp; JoViJacket, Combi Arm Sleeve</td>
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<tr>
<td>S8420</td>
<td>Gradient pressure aid (sleeve and glove combination), Custom</td>
<td>Custom Arm Sleeve with Stitched Finger Glove &amp; JoViJacket</td>
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<tr>
<td>S8421</td>
<td>Gradient pressure aid (sleeve and glove combination), Ready-Made</td>
<td>Ready-Made Classic Arm Sleeve &amp; JoViJacket, InnaSleeve, Combi Arm Sleeve</td>
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<td>S8422</td>
<td>Gradient pressure aid (sleeve), custom made, medium weight</td>
<td>Custom Arm Sleeve – Slimline, Combi Arm Sleeve, Shoulder-Torso Sleeve &amp; JoViJacket</td>
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<td>S8423</td>
<td>Gradient pressure aid (sleeve), custom made, heavy weight</td>
<td>Custom Arm Sleeve</td>
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<td>S8427</td>
<td>Gradient pressure aid (glove) Ready-Made</td>
<td>Box Finger Glove, Stitched Finger Glove</td>
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<tr>
<td>S8428</td>
<td>Gradient pressure aid (gauntlet)</td>
<td>“AC1”, Classic Arm Sleeve &amp; JoViJacket, Combi Arm Sleeve</td>
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<tr>
<td>S8429</td>
<td>Gradient pressure exterior wrap</td>
<td>InnaSleeve, Shoulder-Torso Sleeve JoViJacket, Vest JoViJacket, Busti JoViJacket, InnaBoot, Elbow Wrap, Cock-Up Splint, Ankle Wrap JoViJacket, Lower Leg Wrap JoViJacket, Knee Wrap, Extended Knee Wrap, Thigh Wrap</td>
</tr>
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</table>

HCPCS codes are suggestions and not guaranteed by JoViPak®
The “Edema Problem Solvers” are at it again! Featuring the newest garments added to the JoViPak® product line:

- Hip Hugger Combi
  See page 23

- Binky Boot
  See page 22

- ComfyBoot
  See page 22

- ADVI Combi
  See page 21

- Double-Mastectomy Pad
  See page 12

- Abdominal Pad
  See page 31

- InnaSleeve
  See page 10

**Ordering Changes:**

1. JoViPak® has switched to a universal SKU system making ordering a much simpler process and we now are able to offer QUANTITY DISCOUNTS!

2. We no longer offer a line of Made-to-Order Garments. Our Ready-Made line has been greatly expanded to accommodate this change by adding more sizes, colors and products. We still offer Custom products for those patients not fitting into our standard sizes. Keep in mind that there is no quality difference between our Ready-Made and Custom garments.

3. All forms and ordering information can be found at [www.jovipak.com](http://www.jovipak.com)
1. Classic Arm Sleeve  
*The popular night-time garment*  
(RM & CUSTOM) JoViPak’s original and most popular product was designed to eliminate the need for night-time bandaging of post-operative arm swelling for mastectomy and lumpectomy patients. The arm sleeve is contoured to cover the DIP’s (distal portion of the fingers) and thumb to the base of the nail bed and features an anatomically positioned thumb stub and an anticubital dart for added comfort. Continuous Flow™ channeling directs lymph flow laterally, away from the axilla, to functional alternate pathways. *(Ordering information on pages 17-18)*

2. Classic Arm Sleeve JoViJacket  
*Optimize reduction with this outer jacket*  
(RM & CUSTOM) The Nylon/Spandex® outer JoViJacket is designed to be worn over the JoViPak arm sleeve as a substitute for short-stretch bandages. The stretch-factor of the JoViJacket is similar to a daytime compression garment and requires the same kind of care: hand-washing, air drying, donning with gloves. Replace every six months. *(Ordering information on pages 17-18)*

3. Stitched Finger Glove w/ Palm Pad  
*Eliminate the need for finger bandages*  
(CUSTOM Only) Those patients with arm and hand swelling may find adding a pad to the stitched finger glove is their best option as it evens out the pressure on the back of the hand. The standard stitched-finger glove extends to the DIPS unless specified otherwise on the hand-tracing order form.

4. Two-Piece Arm Sleeve  
*For hand washing convenience*  
(CUSTOM Only) All Custom arm sleeves can be ordered with a separate hand. A lightly padded cuff will be added to the glove to help hold the two pieces together. Indicate one or two piece JoViJacket with the order.

5. Combi Arm Sleeve  
*Daytime garment for the working patient*  
(RM & CUSTOM) The Combi combines the JoViPak Slimline Arm Sleeve with the JoViJacket all in one garment. The hand portion is cut back far enough to allow freedom of movement for all of the fingers and thumb, allowing patients to perform their daytime tasks. The Combi Arm Sleeve is often paired with a matching Box Glove if finger swelling is a problem. The combination of the two makes a comfortable addition to the self-management regimen particularly when fibrosis is an issue. These garments are not recommended for overnight wear. *(Ordering information on page 17)*

6. Box Finger Glove & Pad Options  
*Worn with Combi Arm Sleeve or worn separately*  
(RM Only) The four lock-stitch seams on the Box Finger Glove allow custom trimming to preferred length without unraveling. This design allows easy finger movement without interference from standard glove seams. The Box Glove is anatomically designed to position the thumb in its natural and functional position and is noticeably more comfortable in the web spaces than other daytime compression gloves. The fabric is Techsheen® that matches the Combi sleeve. These gloves can be ordered separately. The Box Glove can be ordered with double fabric on the dorsal and/or palmar sides of the hand. The second layer of fabric provides added therapeutic benefit. The two layers of fabric also create a pocket to accommodate an optional foam-filled pad or PitPak to address swelling or fibrosis that is so common in the lymphedematous hand. *(Ordering information on page 17)*
1. InnaSleeve

*Adjustability for day and night wear*

(RM & CUSTOM) This sleeve is ideally used for the patient who has difficulty donning the Classic Arm Sleeve and/or JoViJacket. It incorporates a “Transition” sleeve as the liner, which has stitched fingers, and has an attached, Super-Power Mesh Jacket with multiple adjustable straps to conform to the patient’s arm and hand. This clever garment system can be used during the reduction phase and then transition into the management sleeve if the primary issue is fibrosis and not large volume reduction. (Ordering information on page 17)

**Transitions** are designed as bandage liners to be used under short-stretch bandages, binders and/or pump appliances, providing comfort and protection for pressure sensitive areas. They eliminate the need for cotton liners, foam bandages, or padding, finger/toe wraps & various foam pieces that fill-in anatomical indentations making them cost-effective and time-savers for both therapist and patient.

2. Transition - Arm

*For both clinic and home management under short-stretch bandages or pump appliances*

(RM Only) Extends from the DIP’s to the axilla with stitching between each finger. The patient can transition from night-time bandaging over the garment to a day-time pump without removing the Transition garment. The therapist can use the Transition garment under short-stretch bandaging or pumps during the treatment phase adding comfort and protection to press sensitive areas. The patient can also use this garment as part of their in-home management regimen.

Biceps Size: Small (23-30.5 cm), Medium (30.5-38 cm), Large (38-46 cm), XLarge (46-56 cm), 2XLarge (56-64 cm). Wrist to Axilla Size: Short (40.5 cm), Regular (43 cm), Long (45.5 cm), XLong (48 cm).

3. Shoulder-Torso Sleeve - left photo shows custom options

*Dependent limb or shoulder swelling*

(CUSTOM Only) The “Edema Problem Solvers” have created this innovative solution for pain and swelling following breast cancer surgery when there is metastasis into the brachial plexis. The original prototype was developed for a breast cancer patient whose edema extended from her fingertips up into her shoulder. She came to us holding her dependent arm close against her body in an effort to minimize her excruciating pain. The design evolved to include a separate zippered hand-piece, a lower arm zipper for ease of donning and an attached sling to support her dependent limb. All of these options are available for both men and women. This garment comes in Polartec® only. (Ordering information on page 19)

4. Shoulder-Torso Sleeve JoViJacket

*Essential outer sleeve for optimal therapeutic benefit*

(CUSTOM Only) The Nylon/Spandex® outer JoViJacket is designed to be worn over the JoViPak Shoulder-Torso as a substitute for short-stretch bandages. The stretch-factor of the JoViJacket is similar to a daytime compression garment and requires the same kind of care: hand-washing, air drying, donning with gloves. Replace every six months. (Ordering information on page 19)

*We have a better answer for Fibrosis*
1. Vest
For mastectomy and lumpectomy patients
(CUSTOM Only) For men and women, the Vest is a versatile garment that addresses breast and chest wall edema and radiation fibrosis common to lumpectomy and mastectomy patients. The Vest is made of Organic Cotton/Lycra® for comfort, allowing for chest expansion during normal respiration. The Vest also has adjustable shoulder straps and a wide adjustable Velcro® closure so the garment can be tightened down to the patient’s comfort level. The Vest can be ordered for both mastectomy and lumpectomy patients.

2. Vest JoViJacket
(CUSTOM Only) Optimal therapeutic benefit of the vest requires an outer nylon/Spandex® JoViJacket. It also has adjustable shoulder straps and a wide adjustable Velcro® closure, so the garment can be tightened down to patient’s comfort level. (Ordering information on page 20)

3. Busti
For the lumpectomy patient
(RM & CUSTOM) A simpler form of the JoViPak Vest, the Busti has no shoulder straps and extends down to the lowest rib, rather than to the waist. The Busti is made of Polartec® Power Dry® fabric and has a front zipper closure and vertical channels. The slimline style makes it adaptable for daytime wear under a blouse. For optimal therapeutic benefit the Busti should be worn with a JoViJacket. (Ordering information on page 20)

4. Busti JoViJacket
(RM & CUSTOM) An outer Nylon/Spandex® JoViJacket over the Busti is needed for full therapeutic benefit in reducing breast and chest wall edema as well as securing it in position. The stretch-factor of the JoViJacket is similar to a daytime compression garment and requires the same kind of care; hand-washing, air drying and replacement every six months. (Ordering information on page 20)

5. Bellisse® Compressure Comfort® Garment
Surgeons’ choice for post-op breast and chest-wall edema
(RM Only) This medical compression garment facilitates lymph drainage from the chest and breast following breast cancer surgery and other chest or truncal surgical procedures. Specifically, it addresses lymphedema, post-surgical discomfort and post-radiation edema and/or fibrosis. It can be worn day & night, is fully adjustable, and provides gentle compression with or without the addition of JoViPak breast pads.
**BREAST & CHEST WALL PADS**
*(To be used under compression garments or bras.)*

1. **Lateral Pad**  
   *(RM Only)* The Lateral Pad fits into the inside pocket of the Bellisse® and covers the lateral aspect of the breast. It is ideal for softening fibrotic areas on the lateral breast.

2. **Mini Axilla Pad**  
   *(RM Only)* The Mini Axilla Pad was developed for a researcher doing clinical trials for Bellisse® on seromas. It is a loose-fill pad that provides compression into the axilla with a small continuous flow extension secured by a sport or compression bra.

3. **Bellisse® Pad**  
   *(RM Only)* The Bellisse® Pad is a comfortable, foam-filled pad that conveniently fits into the Bellisse® inner pocket & covers the affected breast completely, protecting sensitive tissue. It directs lymph flow around the torso & across the spine, toward the unaffected axilla.

4. **Post-Lumpectomy Pad**  
   *(RM Only)* The JoViPak Post-Lumpectomy Pad with posterior extension addresses the swelling and/or radiation fibrosis over the affected breast and serratus anterior. This pad covers the affected breast completely and extends to the spine. Cup size: Small (A/B Cup), Medium (C Cup), Large (D/DD Cup), XLarge (E Cup)

5. **Serratus Anterior with Axilla Pad**  
   *(RM Only)* The JoViPak Serratus Anterior Pad with Axilla Pad directs lymph flow laterally down to the inguinals and posteriorly toward the spine. This pad fits into most mastectomy or standard bras. This pad was intended to cover the breast and across the sternum. It can also be worn in reverse for extra back coverage.

6. **Unilateral Post-Mastectomy Pad**  
   *(RM Only)* The JoViPak Unilateral Post-Mastectomy Pad is for the mastectomy patient with chest wall edema and/or radiation fibrosis over the anterior chest wall and the serratus anterior, with normal lymph drainage on the unaffected side.

7. **Double Mastectomy Pad**  
   *(RM Only)* This Double Mastectomy Pad replaces the Bilateral Post-Mastectomy Pad as it treats both sides of the chest wall with one garment. It is a wrap-around pad and is fastened in the front with Velcro®.

8. **Axilla Pad**  
   *(RM Only)* The Axilla Pad was created in response to a request by a breast surgeon looking for a “tapeless solution” immediately following axillary node dissection. The flat channeled pad is placed against the chest wall and held in place by the Bellisse®. Upper arm at widest biceps: Small/Medium (30-38 cm or 12-15 in), Large/XLarge (38-46 cm or 15-18 in)

9. **Cleavage Pad**  
   *(RM Only)* The Cleavage Pad is particularly useful under the Bellisse® and mastectomy bras when there is swelling between the breasts. It is also effective for scar management following open heart surgery. (One Size)

10. **Inframammary Pad**  
    *(RM Only)* Over her many years designing compression bras for lymphedema patients, Lesli Bell of Bellisse® discovered that fibrosis of the inferior breast is an ongoing problem for many women. Lesli designed this elliptical-shaped pad to extend from the serratus anterior to the xiphoid process. It provides gentle pressure along the inferior aspect of the affected breast when used under a sport bra or compression garment.

11. **Serratus Anterior Pad**  
    *(RM Only)* The JoViPak Serratus Anterior Pads direct lymph flow laterally down to the inguinals and posteriorly toward the spine. These pads fit into most mastectomy or standard bras.

12. **Bellisse® Drain Pocket**  
    *(RM Only)* The Drain Pocket offers an easy and comfortable way to hold the drain in place and attaches to the inside distal edge of the Bellisse®.

---

**Sizes:** (unless otherwise noted)  
Small - (32-36)  
Medium - (38-40)  
Large - (42-44)  
XLarge - (46-48)
1. **Standard Chin Strap**  
(RM Only) The Standard Chin Strap was designed to address edema of the neck, mandible and the anterior/lateral aspects of the face (partially covering the ears). The open neck seam creates a pocket between the two layers of fabric which can accommodate your choice of padding. The Velcro® straps at the back of the neck and top of head can be adjusted to the patient’s comfort level, making the garment suitable for overnight wear. This garment should be ordered with the Universal Neck Pad.

2. **Extended Chin Strap**  
(RM Only) The Extended Chin Strap was designed to address edema of the neck, mandible and the lateral aspects of the face. It covers the lateral aspect of the head in front of and behind the ear. The open neck seam creates a pocket between the two layers of fabric which can accommodate your choice of padding. The Velcro® straps at the back of the neck and top of head can be adjusted to patient’s comfort level, making the garment suitable for overnight wear. The garment can also be worn with the Universal or Peri-Auricular Neck Pad based on the desired area of coverage.

3. **Universal Neck Pad**  
(RM Only) The Universal Neck Pad was designed to address bilateral head and neck edema. If the swelling is in front of the ear, order this pad with the Standard Chin Strap for maximum effectiveness. If the swelling is present behind the ear, order this pad with the Extended Chin Strap.

4. **Peri-Auricular Neck Pad**  
(RM Only) This uniquely contoured pad is designed to be worn with the Extended Chin Strap. It addresses both the peri-auricular and occipital nodal collection areas.

5. **Half Face Mask**  
(RM Only) This garment is a modified and extended version of the Chin Strap. This loosely filled garment covers the cheek, eye and forehead. The Velcro® straps at the neck, top and back of head and across the top lip can be adjusted to the patient’s comfort level, making the garment suitable for overnight wear. The neck portion incorporates Continuous Flow channeling to promote optimal lymph drainage. Specify right or left for desired coverage area.

6. **Full Face Mask**  
(RM Only) This garment was designed to cover the entire face, neck, and ears, (except the nose and lips). This mask has adjustable Velcro® straps on the top and back of the head, the neck and above the top lip. The adjustable strap across the upper half of the face allows for full vision when needed. Please note: this garment is made without padding and has an open neck seam to accommodate the insertion of either the Universal or Peri-Auricular Neck Pad wherever needed.

7. **Eye Pad**  
(RM Only) The Eye Pad is designed to provide bilateral padding over the orbital area of the face with loose fill and lateral channeling directing flow to the pre-auricular lymph nodes.
DONNING AIDS & POSTERS

1. **Dycem®**
   This 8” x 11” Dycem is placed on the floor or table top to provide a non-slip surface the patient can push against as they don either an arm or leg garment. If difficulty persists, an Easy-Slide® donning aid is recommended. The Dycem® can be easily cleaned with soap and water to renew its non-slip surface.

2. **Upper & Lower Easy-Slide®**
   Easy-Slide® donning aids are for upper and lower extremity garments that do not have stitched fingers or closed toes. This donning aid can be very helpful for patients with tenderness or weakness in their donning limb and are not strong enough to don the garment by themselves.

   **Upper Sizes:** Medium or Large
   **Lower Sizes:** X-Small, Small, Medium, Large or X-Large. Sizing coordinates with size of JoViPak garment.

3. **Friend for Life**
   This poster shows the feelings associated with a patient who no longer can deal with self-bandaging at night.

4. **Husband Help**
   Husbands have their heart in the right place but often the bandaging can be difficult for both patient and hubby to agree on.

5. **Bandage Pitfalls**
   This poster shows the pitfalls of self-bandaging.

6. **Bandage Roller**
   JoViPak’s State-of-the-Art bandage roller.

When a good laugh helps to heal.
Science has supported the theory that laughter can be our best medicine. Lymphedema is not easy to cope with and sometimes it helps to view it from the lighter or more whimsical side. Our artist friend, Dale Anderson, has provided us with an array of lymphedema cartoons. These laminated posters are 11”x14”. **50% of purchase price is donated to the Northwest Lymphedema Center**, a Washington State 501(C)3 non-profit organization that offers educational programs and quarterly self-care classes on lymphedema self-care & management for patients and their care-givers.

To see all available posters go to [www.jovipak.com](http://www.jovipak.com)

All orders must be placed through an authorized dealer.
The “G” landmark is required for all arm orders that extend up to the axilla (armpit). To make sure the tape measurement comes straight out from the axilla, you may want to wrap a folded piece of paper entirely around the upper arm and mark your measuring dot where the ends of the paper come together.

The “D” landmark is slightly below mid-forearm, the point where the lower arm begins to flare out. The “D1” measurement is between “D” & “E” and is the widest part of the forearm. These measurements are required for custom sleeves.

The least elbow or flexion crease at the elbow is the “E” landmark. If your patient’s wrist fits into a Ready-Made size pattern, the least elbow will be the second most important measurement. It may be the determining factor in deciding between a Standard or MAX size.

Step 5: The “F” landmarks are between the elbow crease and the axilla (armpit). If the upper arm is not misshapen only the “F1” measurement at mid-biceps is necessary. If there are significant irregularities or lobules in the upper arm between “E” and “G”, add as many “F” measurements as needed, just make sure to note the length of each measurement from the wrist “C”.

Step 6: The “G” landmark is required for all arm orders that extend up to the axilla (armpit). To make sure the tape measurement comes straight out from the axilla, you may want to wrap a folded piece of paper entirely around the upper arm and mark your measuring dot where the ends of the paper come together.

Step 7: With the patient standing, measure the length of the arm from the “C” dot to the “G” dot. The arm must be straight down at their side. Check this measurement twice for accuracy in length. (If the sleeve comes up too far into the axilla, it will not only be uncomfortable, it will push the entire garment down too far over the patient’s fingers.)

Note: If you are ordering an “AG1” and DO NOT fill in the “G1” landmark, JoViPak® will automatically add 10 cm (4 in) to the outside (lateral aspect) of the garment. This is called the lateral rise and helps to eliminate any pooling above the top of the garment.
Measuring an Arm

Step 8:
Firmly press the patient’s palm down on the tracing form. Make sure the flexion crease is directly over the dotted “C” mark on the form. Be sure to note the actual length of the hand from the flexion crease “C” landmark to the tip of the middle finger “A”, so we can make sure the faxed form has not distorted or reduced in transmission.

Step 9:
Submit a Hand Tracing for each Custom garment. The hand on a Ready-Made garment is a standard length and extends to approximately the base of the nail-beds or the DIPS. If you are using a hand tracing form for a Custom garment, you can add a horizontal dotted line at whatever point on the fingers you want the garment to end. Please fill in the “total hand length” on the hand tracing form and include circumferential measurements at the widest point of each finger if there is abnormal swelling.

Step 10:
Measure the circumference for the palm at the level of the thumb web, which is the “B” landmark. Do not include the thumb.

Helpful Hints:
Be sure to let your patient know that JoViPaks, both Ready-Made and Custom, are initially difficult to get on. There is a reason for this. Assure them it gets easier with each donning. As the fabric relaxes it provides more stretch, but not enough to render the garment ineffective. For the first few donnings a piece of Dycem® can be helpful as it provides a non-slip surface the patient can push against. If they simply try to pull it on from the top, the fabric lengthens and contracts, similar to a Chinese finger trap.

If you feel that even with time, your patient will have difficulty donning a full arm sleeve, introduce them to our new adjustable InnaSleeve. The outer straps of PowerMesh can be tightened down to their comfort level, perhaps tighter for day wear and less compression for night wear.

If the patient has upper arm or shoulder swelling and you want their garment to extend up to or over the shoulder, consider ordering the Shoulder-Torso Sleeve. In order to get compression on the shoulder there has to be some type of counter resistance or tension across the torso. This is particularly true for patients who have large, pendulous upper arms, often creating abnormal stress on their cervical and upper thoracic spine. For the best therapeutic outcome order a JoViPak® Shoulder-Torso Sleeve. Patient comfort alone makes this option worth considering.

Two of the greatest problems with lymphedema are back-flow and abnormal protein accumulation. If the patient’s hand swells after wearing a JoViPak, make sure the wrist, the elbow and the top of the garment are not too tight, creating a restriction and exacerbating back-flow. To avoid this pitfall, make sure your patient fits into all three categories on the Size Chart before ordering a Ready-Made garment. If not, a Custom garment will be a better choice. Check too, for fibrosis or noticeable protein accumulation in the upper lateral forearm. The patient may need additional therapy. Adding a 6 cm short-stretch bandage over the hand may help to define the source of the problem.

PHOTOS, PHOTOS, PHOTOS! Now with modern technology, it’s easy to snap a photo of your patient challenges and send it to info@jovipak.com. Once we can actually see the problem we are better able to guide you and recommend or create a garment that will provide the very best therapeutic solution.

VIRTUAL IN-SERVICES are available to therapists and fitters wanting a better understanding of JoViPak products. Just call at 866-888-5684 to set up an appointment.
Arm Ordering Information

To order the Ready-Made garment(s):
Step 1: Go to the Products tab found on the JoViPak website: www.jovipak.com
Step 2: Find and review the garment(s) of your choice.
Step 3: Before you download or complete an order form(s), check the correct size chart to make sure your patient’s measurements fall within the Ready-Made guidelines.
NOTE: If your patient does not fit into the Ready-Made parameters at any point on the charts, proceed with ordering the garment as a Custom.
Step 4: Be sure to completely fill out the entire order form to prevent delays in the ordering process.
If you have any questions please give us a call at 866-888-5684.
Step 5: Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

Arm Garments Size Chart

<table>
<thead>
<tr>
<th>Arm Size</th>
<th>Least Wrist Circumference</th>
<th>Least Elbow Circumference</th>
<th>Axilla Circumference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>“C” Landmark</td>
<td>“E” Landmark</td>
<td>“G” Landmark</td>
</tr>
<tr>
<td>XSmall</td>
<td>14 - 15.5 cm</td>
<td>20 - 23 cm</td>
<td>23 - 27.5 cm</td>
</tr>
<tr>
<td>XSmall MAX</td>
<td>14 - 15.5</td>
<td>22 - 25</td>
<td>27 - 31</td>
</tr>
<tr>
<td>Small</td>
<td>15.5 - 16.5 cm</td>
<td>23 - 26 cm</td>
<td>27.5 - 32 cm</td>
</tr>
<tr>
<td>Small MAX</td>
<td>15.5 - 16.5</td>
<td>25 - 28</td>
<td>31 - 36</td>
</tr>
<tr>
<td>Medium</td>
<td>16.5 - 18 cm</td>
<td>26 - 29 cm</td>
<td>32 - 36 cm</td>
</tr>
<tr>
<td>Medium MAX</td>
<td>16.5 - 18</td>
<td>28 - 31</td>
<td>36 - 40</td>
</tr>
<tr>
<td>Large</td>
<td>18 - 19 cm</td>
<td>29 - 33 cm</td>
<td>36 - 41 cm</td>
</tr>
<tr>
<td>Large MAX</td>
<td>18 - 19</td>
<td>31 - 35</td>
<td>40 - 44.5</td>
</tr>
<tr>
<td>XLarge</td>
<td>19 - 20.5 cm</td>
<td>33 - 37.5 cm</td>
<td>41 - 45 cm</td>
</tr>
<tr>
<td>XLarge MAX</td>
<td>19 - 20.5</td>
<td>35 - 39.5</td>
<td>44.5 - 49</td>
</tr>
</tbody>
</table>

MAX sizes are 2 cm (¾ in) larger at the elbow and 4 cm (1⅜ in) larger at the axilla.

Arm Length Chart

<table>
<thead>
<tr>
<th>Arm Length</th>
<th>Medial Inseam Wrist to Axilla (with arm hanging down to side)</th>
</tr>
</thead>
<tbody>
<tr>
<td>XShort</td>
<td>38 cm</td>
</tr>
<tr>
<td>Short</td>
<td>40.5</td>
</tr>
<tr>
<td>Regular</td>
<td>43</td>
</tr>
<tr>
<td>Long</td>
<td>45.5</td>
</tr>
<tr>
<td>X-Long</td>
<td>48</td>
</tr>
</tbody>
</table>

Ready-Made Classic Arm Sleeve
Color Options

- Polartec® Power Dry®
  - Royal Blue
  - Pink
  - Black
- Organic Cotton/Lycra®
  - Ivory
  - Lycra®
- JoViJackets
  - Black
  - White

Combi Arm Sleeve

- Organic Cotton Lycra®/Techsheen
  - Black/Black
  - Ivory/Buff

Box Finger Glove

- Techsheen

Box Glove Options Chart
1. Single Fabric Layer (no padding required)
2. Dorsal Layer (accommodates pad insert for dorsal swelling)
3. Palm Layer (accommodates pad inserts for palm swelling)
4. Dorsum & Palm Layer (accommodates pad inserts for both palm and dorsal swelling)
5. Dorsum Pad (Foam or PitPak)
6. Palm Pad (Foam or PitPak)
To order a Custom garment(s):

Step 1: Go to the Products tab found on the JoViPak website: www.jovipak.com

Step 2: Find and review the garment(s) of your choice.

Step 3: Download your order form(s) and be sure to completely fill it out to prevent delays in the ordering process. All information is extremely important when ordering a custom and if you have any questions please give us a call at 866-888-5684.

Step 4: If facing a complex case, JoViPak’s seasoned team is here to help. Send photographs and any other information you feel would be helpful to info@jovipak.com (If possible please do not include your patient’s face in the photo).

Step 5: Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

**Custom Arm Sleeve**

<table>
<thead>
<tr>
<th>Organic Cotton Lycra® (InnaSleeve options)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Polartec® Power Dry®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
<tr>
<td>Glacier Blue</td>
</tr>
<tr>
<td>Pink</td>
</tr>
<tr>
<td>Stainless Steel</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Polartec® Silkweight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>JoViJackets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Combi</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organic Cotton Lycra®/Techsheen</td>
</tr>
<tr>
<td>Black/Black</td>
</tr>
</tbody>
</table>

**No Charge Options Chart**

1. **Snug Fit** (0.3 cm smaller at wrist to 1.2 cm at axilla)
2. **Slimline** (more channels, less foam)
3. **Cover to base of fingers only MP**
4. **Cover fingers completely**
5. **Low ILD Foam** (less aggressive for fragile skin)
6. **Combi Style Thumb** (no thumb coverage)

**Additional Charge Options Chart Custom Arm Sleeves**

1. **JoViJacket** (Black or White)
2. **Stitched-Finger Glove**
3. **Two Piece Arm Sleeve** (separate hand)
4. **Two Piece JoViJacket**
5. **Zipper from Elbow to Axilla**
6. **Zipper from back of hand to mid-forearm** (when hand is considerably larger than wrist)
7. **Dorsum Pad** (sewn into garment for additional pressure on back of hand)
8. **Palm Pad** (sewn into garment to equalize pressure on back of hand)
9. **Easy-Slide®** (donning aid)
10. **Dycem®** (donning aid)

**Style/Landmark Chart**

- **G1**
- **G**
- **E**
- **D1**
- **D**
- **C**
- **B**
- **A**
- **AC1**
- **AD**
- **AE**
- **AG**
- **AG1**
- **CG1**
To Order a Custom garment(s):

Step 1: Go to the Products tab found on the JoViPak website: www.jovipak.com

Step 2: Find and review the garment(s) of your choice.

Step 3: Download your order form(s) and be sure to completely fill it out to prevent delays in the ordering process. All information is extremely important when ordering a custom and if you have any questions please give us a call at 866-888-5684.

Step 4: If facing a complex case, JoViPak’s seasoned team is here to help. Send photographs and any other information you feel would be helpful to info@jovipak.com (If possible please do not include your patient’s face in the photo).

Step 5: Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

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**Shoulder-Torso Color Options**

<table>
<thead>
<tr>
<th>Polartec® Power Dry®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
<tr>
<td>Glacier Blue</td>
</tr>
<tr>
<td>Pink</td>
</tr>
<tr>
<td>Stainless Steel</td>
</tr>
</tbody>
</table>

**Polartec® Silkweight**

| Black | Blue Ridge |

**JoViJackets**

| Black | White |

**Landmark Chart**

**No Charge Options Chart Shoulder-Torso**

1. **Slimline** (more channels, less foam)
2. **Low ILD Foam** (for fragile skin)

**Ready-Made Busti Color Options**

<table>
<thead>
<tr>
<th>Polartec® Power Dry®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Royal Blue</td>
</tr>
</tbody>
</table>

**Custom Busti Color Options**

<table>
<thead>
<tr>
<th>Polartec® Power Dry®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
</tr>
<tr>
<td>Glacier Blue</td>
</tr>
<tr>
<td>Pink</td>
</tr>
<tr>
<td>Stainless Steel</td>
</tr>
</tbody>
</table>

**JoViJackets**

| Black | White |
To order the Ready-Made garment(s):
Step 1: Go to the Products tab found on the JoViPak website: www.jovipak.com
Step 2: Find and review the garment(s) of your choice.
Step 3: Before you download or complete an order form(s), check the correct size chart to make sure your patient’s measurements fall within the Ready-Made guidelines.
NOTE: If your patient does not fit into the Ready-Made parameters at any point on the charts, proceed with ordering the garment as a Custom.
Step 4: Be sure to completely fill out the entire order form to prevent delays in the ordering process. If you have any questions please give us a call at 866-888-5684.
Step 5: Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

To order a Custom garment(s):
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Step 4: If facing a complex case, JoViPak’s seasoned team is here to help. Send photographs and any other information you feel would be helpful to info@jovipak.com (If possible please do not include your patient’s face in the photo).
Step 5: Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.
LOWER BODY GARMENTS

1. Classic Lower Leg
   
   Popular night-time garment
   
   (RM & CUSTOM) The many variations of lower leg garments are well-suited for both lower leg lymphedema and chronic venous insufficiency. Patients who have swelling in their feet will find this garment both comfortable and effective. It offers continuous flow channels for directing lymph flow along normal pathways. The sole extends to the tips of the toes, but the top of the toes are exposed. For patients who have toe swelling, they may also order this as a Custom garment with the “cover to tips of toes” option for full-foot and toe coverage. This garment can be used with a Hip Hugger or Boxer Capri as this combination offers an economical option when there is great disparity between upper & lower leg sizes. This often eliminates the need for more costly custom garments. (Ordering information on pages 27-28)

2. Classic Lower Leg JoViJacket
   
   Optimize reduction with this outer jacket
   
   (RM & CUSTOM) The outer Nylon/Spandex® JoViJacket pulls on over the lower leg garment as a compressive substitute for short-stretch bandages. Much like a daytime garment, JoViJackets have a similar stretch-factor and require the same kind of care; hand washing, donning with gloves and replacement every six months. Remember, JoViPak garments are bandage liners and require additional compression to achieve a proper fit and optimal therapeutic benefit. These JoViJackets have a non-skid sole. (Ordering information on pages 27-28)

3. Safety Sok
   
   Soft with non-skid sole
   
   (RM & CUSTOM) For the security of your patient, a matching Safety Sok is recommended with all Classic Lower Leg garments and Custom leg garments. This comfortable addition extends from the base of toes to mid-calf and provides a non-skid surface to protect your patient from slipping should they get up during the night. It is also recommended when wearing the JoViPak garment during the day to protect it from additional wear and tear. The Safety Sok is also recommended for use over short-stretch bandages.

4. Lower Leg Options
   
   (CUSTOM Only) When ordering a Custom leg garment you have several options that can add comfort, easier donning, and greater mobility. Shown here is our flat posterior seam, commonly seen on our ADVI garments, but can also be added to a Custom leg garment. Also shown is our Classic Lower Leg w/ADVI foot option, for patients who do not experience foot swelling. This garment is for the patient who would like to wear their JoViPak during the day with an athletic shoe as it has an unpadded foot. It can be ordered with vertical channels with or without a zipper.

5. ADVI
   
   Day and night wear with a zipper
   
   (RM & CUSTOM) Chronic Venous Insufficiency (CVI) is a vascular condition which compromises venous return, ultimately overloading the lymphatic system. The resulting lymphedema can require special considerations for support garments. The CVI patient often has very thin, fragile skin and can present with open, non-healing wounds. They are rarely able to tolerate regular daytime compression garments. Donning and doffing of any garment can be difficult and may damage or cause sheering of the skin. Ease of donning and easy access to wound dressings are essential. The JoViPak ADVI is designed to address the unique challenges facing the CVI patient. These soft, non-invasive garments come with Low ILD foam. They can be worn around the clock, giving patients freedom to move their ankles and allowing them to continue wearing their daytime walking shoes, as exercise is essential for their recovery. (Ordering information on pages 27-28)

6. ADVI Combi
   
   Low profile for day wear
   
   (RM & CUSTOM) The combination of a ADVI with the JoViJacket works well for the Chronic Venous Insufficiency patient with mild to moderate edema even if early stage fibrosis is present. This garment is not recommended if there are open wounds as there is no zipper closure. When worn with an athletic shoe, it is an ideal substitute for daytime stockings. (Ordering information on pages 27-28)
LOWER BODY GARMENTS

1. ComfyBoot

*Ideal for air travel*

(RM & CUSTOM) This is a very versatile lower leg and foot garment. It is recommended for patients who are capable of pulling on a compression sock, but need the safety and comfort of a non-skid, flat sole garment. It provides traction for those patients who self-propel themselves in their wheelchairs and provides comfortable compression to manage lower leg edema. (Ordering information on pages 27-28)

2. InnaBoot - Lower Leg & InnaBoot - Full Leg

*Geriatric solution for leg edema*

(RM & Custom) These garments were designed for patients under fall precautions. They are adjustable leg garments that are easy to don and feature a non-slip flat sole and a closed toe. Each InnaBoot offers the overwrap with multiple, adjustable attachment straps. The inner lining is made of soft Organic Cotton/Lycra®. Custom options include pull-tabs for easy donning, and Low ILD foam, a less aggressive padding, for those who have fragile skin. This innovative product is ideal for vascular insufficiencies and/or mild lymphedema with or without fibrosis. It is well-suited for both night and in-home day wear. (Ordering information on pages 27-28)

3. BinkyBoot

*Child grow boot*

(RM Only) Infants and small children who have primary lymphedema need an economical solution to night-time compression and need garments that will adapt to their rapidly changing size. When the toes, foot and ankle are edematous, the Binky Boot can be wrapped with Short Stretch Bandages or a JoViJacket. Order according to widest calf circumference and lower leg length. (Ordering information on page 27)

4. Transition - Upper Leg

*For both clinic and home management under short-stretch bandages or pump appliances*

(RM Only) Covers the thigh from just below the knee up to the groin and features a lateral rise. It can be combined with the Transition Lower Leg for full leg coverage. Widest Thigh Size: Small (33-38cm), Medium (38-46cm), Large (46-58cm), XLarge (58-66cm), 2XLarge (66-74cm). Knee to Groin Length: Short (32cm), Regular (36cm), Long (40cm), XLong (44cm).

5. Transition - Lower Leg

*For both clinic and home management under short-stretch bandages or pump appliances*

(RM Only) Covers the proximal portion of the toes. There is stitching between the toes although the third and fourth toes share the same space. This garment extends up to the knee and can be combined with the Thigh Transition for full leg coverage. Widest Calf Size: Small (33-38cm), Medium (38-46cm), Large (46-58cm), XLarge (58-66cm), 2XLarge (66-74cm). Calf to Knee Length: Short (35cm), Regular (40cm), Long (45cm), XLong (50cm).

6. Transition - Full Leg

*For both clinic and home management under short-stretch bandages or pump appliances*

(RM Only) Covers the proximal portion of the toes. There is stitching between the toes although the third and fourth toes share the same space. This garment extends up to the groin. Widest Calf Size: Small (33-38cm), Medium (38-46cm), Large (46-58cm), XLarge (58-66cm), 2XLarge (66-74cm). Widest Thigh Size: Small (33-38cm), Medium (38-46cm), Large (46-58cm), XLarge (58-66cm), 2XLarge (66-74cm). Floor to Groin Length: Short (69cm), Regular (74cm), Long (79cm), XLong (84cm).

Transitions are designed as bandage liners to be used under short-stretch bandages, binders and/or pump appliances, providing comfort and protection for pressure sensitive areas. They eliminate the need for cotton liners, foam bandages, or padding, finger/toe wraps & various foam pieces that fill-in anatomical indentations making them cost-effective and time-savers for both therapist and patient.

Children’s garments are available at special pricing. Use the same order forms and call for a quote.
LOWER BODY GARMENTS

1. Full Leg

Popular night-time garment (CUSTOM Only) This thigh-high Full Leg garment was designed to treat lymphedema of the entire leg. There are two options when ordering a Full Leg garment. 1) The Continuous Flow channeling for secondary lymphedema is designed to direct fluid away from the inguinal nodes toward the lateral hip which assumes that the therapist is rerouting fluids across the transverse watershed toward the ipsilateral axilla. 2) Continuous Flow channeling for primary lymphedema (as shown above) directs fluids toward the inguinal collection area, unless otherwise specified by the therapist. For optimal therapeutic benefit we recommend using an outer nylon/Spandex® JoViJacket. (Ordering information on page 28)

2. Full Leg JoViJacket

Optimize reduction with this outer jacket (CUSTOM Only) The outer nylon/Spandex® JoViJacket slips over the leg sleeve and is a popular compressive substitute for short-stretch bandages. The stretch-factor of the JoViJacket is similar to a daytime compression garment and requires the same care: hand-washing, donning with gloves and replacement every six months. These joViJackets have a non-skid sole.

3. Zipper Option Knee to Groin

(CUSTOM Only) The full leg garment is available with an optional knee to groin zipper. This feature allows for easy donning, particularly if the “F” measurements are greater than the “G” measurement.

4. Zipper Option Ankle to Knee

(CUSTOM Only) The Full Leg or Classic Lower Leg garments are available with an optional ankle to knee zipper. This feature allows for easy donning when the heel/ankle measurement is more than 4” larger than the ankle or when patient lacks upper body strength to don the garment. Full-length zippers are not recommended as they tend to buckle at the knee.

5. Hip Hugger - Shown with “DG” JoViJacket

Manage hip and thigh swelling (CUSTOM Only) If your patient has thigh swelling extending up into the hip or has heavy thigh lobules that need lifting, the Hip Hugger is an innovative solution for these common problems. It extends from just below the knee “D” to the waist “K” and is held in position by the unpadded nylon/Spandex® wrap-around abdominal stabilizer, which pulls around the hip and is secured in front with Velcro®. Hip Huggers are usually worn in combination with JoViPak® Classic Lower Leg and Full Leg JoViJackets. The unpadded cuff of the Hip Hugger fits inside the Classic Lower Leg garment easily. The Hip Hugger also provides the therapist with a foundation that stabilizes upper thigh and hip bandaging. When used in combination with a Classic Lower Leg, a Full Leg JoViJacket eliminates the need for thigh bandaging and keeps the two garments from separating. Also available in a custom Full Leg version. Visit www.jovipak.com for more photos. (Ordering information on page 29)

6. Hip Hugger Combi

Low profile for day wear (CUSTOM Only) Large and/or obese individuals who have lymphedema in the upper leg & hips have difficulty keeping the thigh garment in position. They frequently have difficulty with donning an outer compressive garment which provides adequate therapeutic benefit. The Hip Hugger Combi combines the JoViJacket into the stitching of a Hip Hugger. It doesn’t have the hip padding of the Hip Hugger but does have an extension at the hip and waist with a Techsheen wrap-around abdominal stabilizer which is lined with Organic Cotton/Lycra®. This design style allows this garment to be worn during the day, and is designed for convenient toileting.

7. Custom Leg (Measurement DG1)

For minimal swelling with no lobules (CUSTOM Only) This garment extends from below the knee to the groin with a 4” lateral raise. When upper thigh swelling is present, it can be worn alone or with a Classic Lower Leg. For optimal therapeutic benefit we recommend using an outer JoViJacket.
1. Boxer
(CUSTOM Only) The Boxer extends from mid-thigh to above waist (transverse watershed) featuring a front zippered closure and Continuous Flow channeling. It directs excess fluid away from the inguinal collection area toward the transverse watershed for secondary lymphedema and toward the inguinal collection area for primary lymphedema unless otherwise specified by the therapist. It is recommended for both male and female patients with hip, gluteal and genital swelling. Custom Boxers end 6 inches below the groin, unless otherwise specified. If the Boxer will be worn with a Custom leg garment (measurement AF1), Full Leg JoViJackets can be ordered which will help hold the two garments together as one unit. Refer to measuring form and note that longer lengths require additional measurements. (Ordering information on page 29)

2. Boxer JoViJacket
(CUSTOM Only) Boxer shorts are not compression garments. For optimal therapeutic benefit we recommend adding the Boxer JoViJacket over the Boxer Short. This is a double-strength nylon/Spandex® power pant. Consider this combination garment system an alternative to bike shorts or short stretch bandaging at night.

3. Boxer Capri
(CUSTOM Only) A custom Boxer Capri can be ordered if swelling extends from below the knee into the hip up to the waist. It has a cuff at the “D” measurement so it can be worn with a Classic Lower Leg garment. This style may be more appropriate for patients with lobules or when the thigh area is more affected. Must be worn with a JoViJacket for optimal therapeutic benefit.

4. Custom Leg (Measurement AF1)
Companion garment for the Boxer
(CUSTOM Only) This mid-thigh leg garment was designed to be worn in combination with the Boxer Short for patients who have hip, abdominal and/or genital swelling that extends down into the leg. This garment ends at the “F1” measurement and has an additional lightly padded cuff ending at the “F2” extending over the leg of the boxer short. This cuff eliminates any separation between the two garments. An “AG” JoViJacket is recommended as it will also help to hold the two pieces together. (Ordering information on page 28)

5. Female Genital Pad
(RM Only) The female genital pad is recommended for labial swelling and/or fibrosis. The anterior width is designed to cover a bikini-cut hysterectomy scar. This padded liner with vertical Continuous Flow stitching pattern directs lymph flow away from the pubis toward the axillary collection areas. For maximum results this pad should be used under a compression garment for protection and additional comfort. As an option, this pad can be ordered with soft elastic straps over the iliac crest to hold garment in place. Sizes are determined by pant size: XSmall (0-4) Small (4-8) Medium (10-12) Large (14-16) XLarge (18-22)

6. Male Genital Pad
(RM Only) The male genital pad is recommended for scrotal swelling and/or fibrosis. The padded liner with Continuous Flow vertical stitching pattern directs lymph flow away from the testicular area toward an alternate functional lymphatic pathway. This padded insert should be used under a compression garment for protection, added comfort and optimal results. As an option this pad can be ordered with soft elastic straps over the iliac crest to hold garment in place. Sizes are determined by scrotal circumference: Small (11”) Medium (14”) Large (16.5”) XLarge (20.5”)
The “D” landmark is just below the patella, or kneecap. (This is usually the smallest or “least knee” measurement.)

The “E” landmark is at the bend or flexion crease of the knee.

The “F” landmarks refer to the thigh: The “F” landmark is the lower thigh just above the patella, the “F1” landmark is mid-thigh, the “F2” landmark is the upper thigh. If the thigh is not cylindrical or has over-hanging lobules, please provide us with additional measurements between “E” and “G” as well as emailing photos to info@jovipak.com. You may have “F3”, “F4”, “F5”, or more; make sure you let us know the length of each “F” landmark as shown on the measuring board or the length from the floor or bottom of the heel “A”.

Step 1:
Note that foot landmarks are expressed in lower case letters, while leg landmarks are expressed in capital letters. If you are using the measuring board, you can establish the Total Foot Length by holding the tape measure straight across at the end of the longest toe. Otherwise have your patient stand on the measuring tape. The distal end of garment will be cut at an angle to expose the toes, but the sole of the garment will extend to the tip of the longest toe.

Step 2:
When measuring the “b” landmark, your tape should surround the entire foot at the base of the little toe and across the widest point on the ball of the foot.

Step 3:
The “i” landmark indicates “Instep”, highest point of the arch, or tarso-metatarsal joint.

Step 4:
The Heel/Ankle “H/A” landmark is usually 3” to 4” larger than the least ankle measurement. This measurement is built into the pattern and essential for ease of donning.

The “B” landmark (least ankle) is usually just above the malleolus. If your patient has over-hanging tissue, have the patient lie down to be measured. Make sure you include the least ankle circumference even if it is under the over-hanging tissue. Our design team will need this measurement, because creating a garment for this condition usually requires adding darts in this area.

The “B1” landmark is at the base of the calf (gastrocnemius) where the leg begins to flare out.

Step 5:
The “C” landmark is the widest point of the calf. These examples are shown using a measuring board. The upper photo shows the length and the lower photo shows the circumference. (Repeat this method with all measurements.) If you are not using a measuring board, just mark the landmarks on the skin with a non-toxic marker. (Gentian violet or an eyebrow pencil)

Step 6:
The “D” landmark is just below the patella, or kneecap. (This is usually the smallest or “least knee” measurement.)

The “E” landmark is at the bend or flexion crease of the knee.

The “F” landmarks refer to the thigh: The “F” landmark is the lower thigh just above the patella, the “F1” landmark is mid-thigh, the “F2” landmark is the upper thigh. If the thigh is not cylindrical or has over-hanging lobules, please provide us with additional measurements between “E” and “G” as well as emailing photos to info@jovipak.com. You may have “F3”, “F4”, “F5”, or more; make sure you let us know the length of each “F” landmark as shown on the measuring board or the length from the floor or bottom of the heel “A”.

On the next two pages you will find instructions for measuring a JoViPak lower extremity garment. We want to be sure the garment fits. If you have any questions, even during your measuring session, please call us at 866-888-5684, or email us at info@jovipak.com

The most frequently asked question: “Do I measure with the patient standing up or lying down?” The shape of the leg will be the determining factor. If the leg is a reasonably normal conical shape, you may have the patient stand against a measuring board. If the leg is irregular in shape, have your patient lie down flat on their back and place the measuring board under the hip with the heel pressed flat against the foot portion of the board. For patients with lobules or overhanging tissue, see page 26.

Measurements for leg landmarks (see measuring forms) must include both the circumference and the length. For example: if the “B” landmark (least ankle) is “25 cm @ 9 cm” it means the circumference is 25 cm and that measurement was taken 9 cm (length) from the floor or the bottom of the heel; if the “C” landmark (widest calf) is “37 cm @ 28 cm” it means the circumference is 37 cm and that measurement was taken 28 cm (length) from the floor or the bottom of the heel. Use this same system all the way up the leg, filling in the required landmarks on the appropriate measuring form. Make sure your circumference measurements are taken with your tape measure straight across (horizontally) and your length measurements are taken in a straight line - don’t follow the contours. In the case of “Special Orders” where there are areas of abnormal protrusions, lobules and/or over-hanging tissue, additional contour measurements may be required. It is helpful to have someone write down the pairs of numbers as you call them out. If you want to add additional circumferential measurements, i.e. “F3”, “F4” etc. Make sure you indicate how far each additional measurement is from the floor.
The “G” landmark is at the groin. When taking the circumferential “G” measurement, make sure your tape is straight across and bring it as high up into the groin area as possible. Our standard lateral rise is 5” above the “G” measurement. A higher lateral rise requires some type of compressive clothing to hold the garment in place. For a full footed or “AG1” garment, specify which leg. If the patient is obese, a “tighter” circumferential measurement will facilitate a better fit. Pull the tape measure tight enough so that the tissue beneath bulges slightly.

Helpful Hints:
Anytime there are lobules or over-hanging skin folds it is a concern for patients, their doctors, therapists, fitters and garment manufacturers. The over-hanging skin is the perfect harbor for fungal or bacterial overgrowth, the precursor to infection or cellulitis. It is extremely important that you send photos (no faces please) whenever possible and let our therapists and design team help you find the safest and most comfortable garment for your patient. Prior to measuring we suggest you use some type of padding between the folds to eliminate the possibility of there being any skin resting on skin. Next, with the patient lying down, wrap their affected limb (most likely a leg) with Saran® wrap or Isoband, lifting the tissue as you wrap. Then measure. The point of all of this is so our design team can create a garment that will lift and protect this compromised tissue, relieve the pressure on the skin folds and fully utilize the therapeutic benefit of the JoViPak by getting the tissue back into its normal anatomical position for optimal lymph drainage. As you are filling in the patient’s measurements on the order form, don’t hesitate to add additional measurements. If you notice there are great variations between landmarks, we encourage you to add more. Just make sure with each additional circumferential measurements, e.g., “F”, “F1”, “F2”, “F3”, “F4”, etc. you also include the length measurement . . or how far each additional measurement is from the floor. If there is a lobule or over-hang at the ankle or the knee, we need two measurements: the smallest point under the lobule as well as over the lobule. Quite often these cases will require darts or gathering to accommodate the excess tissue. The photos always help us make these determinations.

Consider JoViPak as part of your care team. We have two experienced lymphedema therapists on our staff who are here to help you. A tight communication network between your patient, their therapist, you the fitter and our design team is key to a successful outcome. The more patient information we have, the better job we can do, so please don’t hesitate to call us with your questions. Remember too, Custom garments are not returnable, which means we not only need to discuss these challenging cases, but we need accurate measurements, the hand or foot tracing, and any requested patient information.

Donning Tip: JoViPak recommends the use of Dycem® to facilitate easier donning of both arm and leg garments. The Dycem® provides a non-slip surface to push against. If your patient tries to pull a garment on rather than push into it, the fabric will lengthen out and contract similar to a Chinese finger trap.
Leg Ordering Information

To order the Ready-Made garment(s):

**Step 1:** Go to the Products tab found on the JoViPak website: [www.jovipak.com](http://www.jovipak.com)

**Step 2:** Find and review the garment(s) of your choice.

**Step 3:** Before you download or complete an order form(s), check the correct size chart to make sure your patient’s measurements fall within the Ready-Made guidelines.

**NOTE:** If your patient does not fit into the Ready-Made parameters at any point on the charts, proceed with ordering the garment as a Custom.

**Step 4:** Be sure to completely fill out the entire order form to prevent delays in the ordering process. If you have any questions please give us a call at 866-888-5684.

**Step 5:** FAX your completed order to 877-760-4943 or check the JoViPak website for ordering options.

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**InnaBoot Standard Size Chart**

<table>
<thead>
<tr>
<th>LEG SIZE</th>
<th>Least Ankle Circumference</th>
<th>Widest Calf Circumference</th>
<th>Least Knee Circumference</th>
<th>Groin Circumference</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>“B” Landmark</td>
<td>“C” Landmark</td>
<td>“D” Landmark</td>
<td>“G” Landmark</td>
</tr>
<tr>
<td>XSmall</td>
<td>19 - 20.5cm</td>
<td>33.5 - 35.5cm</td>
<td>29.5 - 35.5cm</td>
<td>48.5 - 53.5cm</td>
</tr>
<tr>
<td>XSmall MAX</td>
<td>24 - 25.5</td>
<td>35.5 - 38</td>
<td>30.5 - 36.8</td>
<td>48.5 - 53.5</td>
</tr>
<tr>
<td>Small</td>
<td>20.5 - 22</td>
<td>35.5 - 38</td>
<td>32 - 38</td>
<td>53.5 - 58.5</td>
</tr>
<tr>
<td>Small MAX</td>
<td>25.5 - 27</td>
<td>38 - 40.5</td>
<td>33 - 39.3</td>
<td>53.5 - 58.5</td>
</tr>
<tr>
<td>Medium</td>
<td>22 - 23</td>
<td>38 - 40.5</td>
<td>34.5 - 40.6</td>
<td>58.5 - 63.5</td>
</tr>
<tr>
<td>Med. MAX</td>
<td>27 - 28</td>
<td>40.5 - 43</td>
<td>35.5 - 41.9</td>
<td>58.5 - 63.5</td>
</tr>
<tr>
<td>Large</td>
<td>23 - 24</td>
<td>40.5 - 43</td>
<td>37 - 43.1</td>
<td>63.5 - 68.5</td>
</tr>
<tr>
<td>Large MAX</td>
<td>28 - 29</td>
<td>43 - 45.5</td>
<td>38 - 44.4</td>
<td>63.5 - 68.5</td>
</tr>
<tr>
<td>XLarge</td>
<td>24 - 25.5</td>
<td>43 - 45.5</td>
<td>39.5 - 45.7</td>
<td>68.5 - 73.5</td>
</tr>
<tr>
<td>XLarge MAX</td>
<td>29 - 30.5</td>
<td>45.5 - 48</td>
<td>41 - 46.9</td>
<td>68.5 - 73.5</td>
</tr>
<tr>
<td>2XLarge</td>
<td>25.5 - 27</td>
<td>45.5 - 48</td>
<td>42 - 48.2</td>
<td>73.5 - 78.5</td>
</tr>
<tr>
<td>2XLarge MAX</td>
<td>30.5 - 32</td>
<td>48 - 51</td>
<td>43 - 49.5</td>
<td>73.5 - 78.5</td>
</tr>
</tbody>
</table>

MAX Sizes are 5 cm larger at the ankle, 2.5 cm larger at the calf, 1.3 cm larger at the knee.

---

**Ready-Made Classic Lower Leg Color Options**

- Polartec® Power Dry®
  - Royal Blue
  - Black

- Organic Cotton/Lycra®
  - Ivory

**JoViJackets**

- Black
- White

**ADVI**

- Organic Cotton/Lycra®
  - Ivory

**JoViJackets**

- Black
- White

**ADVI Combi & ComfyBoot Color Options**

- Organic Cotton Lycra®/ Techsheen
  - Black/Black
  - Ivory/Buff

**InnaBoot Color Options**

- Organic Cotton Lycra® & Nylon/Spandex® Super PowerMesh
  - Black/Black
  - Ivory/Buff
### Ready-Made Lower Leg Garments Size Chart

<table>
<thead>
<tr>
<th>Leg Size</th>
<th>Least Ankle Circumference</th>
<th>Widest Calf Circumference</th>
<th>Least Knee Circumference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>“B” Landmark</strong></td>
<td><strong>“C” Landmark</strong></td>
<td><strong>“D” Landmark</strong></td>
<td></td>
</tr>
<tr>
<td>XSmall</td>
<td>19 - 20.5</td>
<td>33 - 35.5</td>
<td>29 - 32</td>
</tr>
<tr>
<td>XSmall MAX</td>
<td>24 - 25.5</td>
<td>35.5 - 38</td>
<td>30.5 - 33</td>
</tr>
<tr>
<td>Small</td>
<td>20.5 - 22</td>
<td>35.5 - 38</td>
<td>32 - 34.5</td>
</tr>
<tr>
<td>Small MAX</td>
<td>25.5 - 27</td>
<td>38 - 40.5</td>
<td>33 - 35.5</td>
</tr>
<tr>
<td>Medium</td>
<td>22 - 23</td>
<td>38 - 40.5</td>
<td>34.5 - 37</td>
</tr>
<tr>
<td>Medium MAX</td>
<td>27 - 28</td>
<td>40.5 - 43</td>
<td>35.5 - 38</td>
</tr>
<tr>
<td>Large</td>
<td>23 - 24</td>
<td>40.5 - 43</td>
<td>37 - 39.5</td>
</tr>
<tr>
<td>Large MAX</td>
<td>28 - 29</td>
<td>43 - 45.5</td>
<td>38 - 41</td>
</tr>
<tr>
<td>XLarge</td>
<td>24 - 25.5</td>
<td>43 - 45.5</td>
<td>39.5 - 42</td>
</tr>
<tr>
<td>XLarge MAX</td>
<td>29 - 30.5</td>
<td>45.5 - 48</td>
<td>41 - 43</td>
</tr>
<tr>
<td>2XLarge</td>
<td>25.5 - 27</td>
<td>45.5 - 48</td>
<td>42 - 44.5</td>
</tr>
<tr>
<td>2XLarge MAX</td>
<td>30.5 - 32</td>
<td>48 - 51</td>
<td>43 - 46</td>
</tr>
</tbody>
</table>

MAX Sizes are 5 cm larger at the ankle, 2.5 cm larger at the calf, 1.3 cm larger at the knee.

### Leg Ordering Information

To order a Custom garment(s):

**Step 1:** Go to the Products tab found on the JoViPak website: www.jovipak.com

**Step 2:** Find and review the garment(s) of your choice.

**Step 3:** Download your order form(s) and be sure to completely fill it out to prevent delays in the ordering process. All information is extremely important when ordering a custom and if you have any questions please give us a call at 866-888-5684.

**Step 4:** If facing a complex case, JoViPak’s seasoned team is here to help. Send photographs and any other information you feel would be helpful to info@jovipak.com (If possible please do not include your patient’s face in the photo).  

**Step 5:** Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

### Custom Leg Garment

**Organic Cotton Lycra®**
- Black
- Ivory
- Royal Blue

**Polartec® Power Dry®**
- Black
- Buff
- French Blue
- Glacier Blue
- Leaf Green
- Navy Blue
- Pink
- Plum
- Royal Blue
- Stainless Steel
- White (soft pink hue)

### JoViJackets

**Organic Cotton Lycra®**
- Black
- White

### ADVI

**Organic Cotton Lycra®**
- Black
- Ivory

---

### No Charge Options Chart Custom Leg

1. Cover to tip of toes
2. Foam Blend - 2-Blend (Low ILD) which is recommended for thin or fragile tissue.
3. Flat Posterior Seam

### Additional Charge Options Chart Custom Leg

1. JoViJacket (Black or White)
2. Safety Sok (matching fabric with non-slip sole)
3. ADVI Foot Style (unpadded sole)
4. Zipper (medial ankle to knee)
5. Zipper (knee (top of patella) to groin)
6. Dorsum Pad (sewn into garment)
7. Malleolus Pads (sewn into garment; indicate medial and/or lateral)
8. Donning Loops
9. Pull Tabs (InnaBoot only)
10. Easy-Slide® (donning aid)
11. Dycem® (donning aid)
12. Prepaid Reduction Option

**NOTE:** Extra engineering charges will apply:

1. Cuffs to combine two garments (e.g., lower leg garment with a boxer)
2. Oversize garments (over 33 cm (13 in) at “B” landmark. Over 51 cm (20 in) at “D” landmark. Over 76 cm (30 in) at “G” landmark)
3. Darts to accommodate lobules (as determined by design team).
**To Order a Custom garment(s):**

**Step 1:** Go to the Products tab found on the JoViPak website: [www.jovipak.com](http://www.jovipak.com)

**Step 2:** Find and review the garment(s) of your choice.

**Step 3:** Download your order form(s) and be sure to completely fill it out to prevent delays in the ordering process. All information is extremely important when ordering a custom and if you have any questions please give us a call at 866-888-5684.

**Step 4:** If facing a complex case, JoViPak’s seasoned team is here to help. Send photographs and any other information you feel would be helpful to info@jovipak.com (If possible please do not include your patient’s face in the photo).

**Step 5:** Fax your completed order to 877-760-4943 or check the JoViPak website for ordering options.

---

**Custom Boxer**

<table>
<thead>
<tr>
<th>Color</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
<td>Polartec® Power Dry®</td>
</tr>
<tr>
<td>French Blue</td>
<td>Glacier Blue</td>
</tr>
<tr>
<td>Leaf Green (X-Static®)</td>
<td>Navy Blue</td>
</tr>
<tr>
<td>Pink</td>
<td>Plum</td>
</tr>
<tr>
<td>Royal Blue</td>
<td>Stainless Steel</td>
</tr>
<tr>
<td>White (soft pink hue)</td>
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**Boxer JoViJackets**

<table>
<thead>
<tr>
<th>Color</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
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**Custom Hip Hugger**

<table>
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</thead>
<tbody>
<tr>
<td>Black</td>
<td>Organic Cotton Lycra®</td>
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<tr>
<td>Royal Blue</td>
<td>Ivory</td>
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**Custom Leg and Hip Hugger JoViJackets**

<table>
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<th>Description</th>
</tr>
</thead>
<tbody>
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<td>White</td>
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</tbody>
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**Hip Hugger Combi**

<table>
<thead>
<tr>
<th>Color</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black/Black</td>
<td>Ivory/Buff</td>
</tr>
</tbody>
</table>

---

**Boxer/Hip Hugger Landmark Chart**

**Additional Charge Options for Custom Boxer**

1. Boxer Capri
2. Super-Power Mesh JoViJacket

*For Boxer portion only - Black or Buff*

3. Full Leg JoViJacket

*If worn with a lower leg*

4. Separate Lower Leg

*You may include these measurements on the same form. Be sure to indicate the separation between the two garments.*

**Additional Charge Options for Custom Hip Hugger**

1. Hip Hugger Combi
2. Full Leg
3. JoViJacket (“DG” thigh cylinder - Black or White)
4. JoViJacket

*For full leg - if Hip Hugger is being worn with a lower leg garment or Hip Hugger extends to the floor*

5. Separate Lower Leg

*You may include these measurements on the same form. Be sure to indicate the separation between the two garments on the Hip Hugger order form.*
JoViPak® FABRICS:

Our signature fabric Polartec® Power Dry® is made by Malden Mills, world renown as the inventor and manufacturer of Polarfleece®. Their Power Dry is used as the lining in their quality athletic wear as it was designed to keep skin dry. All fabrics in this series feature a bi-component knit construction that uses different yarns on either side of the fabric. This creates two different surfaces: one that is optimized to move moisture away from the skin ("wicking"), the other to dry quickly. Polartec Power Dry fabrics are 100% polyester and are highly breathable. The soft surface next to skin provides all-night comfort and we find it ideal for safe, comfortable lymphedema garments.

The Polartec® Power Dry® fabric is also available in “SilkWeight”, a thinner version with the same wicking capabilities. It looks like silk and is ideal for our low profile slimline garments. The Silkweight is a more fragile fabric than our signature PowerDry fabric, but often recommended for the fragile patient who may have donning and doffing issues. Both of these fabrics are polyester and woven in the U.S.

In our ongoing effort to provide Lymphedema patients with the highest quality and safest materials available, we are making all of our Cotton/Lycra® garments out of domestic organic cotton which may be a better choice for patients with a skin sensitivity to polyester. Most of our rehab products and any garment orders requesting Velcro® closures are made with Cotton/Lycra® as the Velcro will snag the PowerDry.

JoViPak FOAM:

JoViPak’s primary concern is the health and safety of lymphedema patients, many of whom are also cancer survivors. After many years of searching, JoViPak has found a domestic source for polyurethane foam that does not use a bromide based fire-retardant. Since our founder is a cancer survivor as well as a nutritionist, she refuses to use materials that she feels may be toxic or an immune suppressant.

It is the various resiliencies of the foam used by JoViPak that makes these products so effective. We use a standard four-way blend for most products and a two-way, less aggressive blend for patients with fragile or compromised tissue. The varying shapes and sizes of the foam chips create an amplitude or variation in pressures with each movement of the limb or muscle contraction without restricting fluid movement.

JoViPak CHERRY PITS:

When highly resilient foam will not soften fibrosis or long-standing edema, therapists can order JoViPitPaks for these difficult areas. The fill is all natural cherry pits washed and dried in a gas fired dryer at 150 degrees F. for an hour and a half, destroying the possibility of sprouting or being used for seed purposes. This is highly aggressive therapy and must only be used with therapist supervision, initially for no more than 20 minutes to determine tissue tolerance.
1. **Abdominal Pad**  
(RM Only) The Abdominal Pad is designed to address fibrosis across the abdomen or under an abdominal panus. It can be worn under day-time compression stockings, compression shorts, or pump appliances.  
Sizes: XSmall 18”x7.5” (19x45.5 cm) Small 21”x9” (23x53.5 cm) Medium 24”x10.5” (26.5x61 cm) Large 27”x12” (30.5x68.5 cm) XLarge 30”x13.5” (34.5x76 cm) 2XLarge 33”x15” (38x84 cm)

2. **Round Pad**  
(RM Only) The 5” (12.5 cm) round slimline pad provides protection in the delicate antecubital fossa area. Use in any small area where fibrosis is a problem or added protection is essential.

3. **Oval Pad**  
(RM Only) This 5”x8” (12.5x20.5 cm) oval slimline pad protects the delicate popliteal fossa under bandages, pump appliances, or compression garments.

4. **Kidney Pad**  
(RM Only) These slimline kidney-shaped pads have multiple placement applications for encouraging lymph drainage, i.e., lateral chest wall at the axilla, the distal anterior knee or the inner thigh at the groin. Useful in softening fibrosis under short-stretch bandages or compression garments.  
Sizes: Small 3”x7” (7.5x18 cm) Medium 5”x10” (12.5x25.4 cm) Large 7”x13” (18x33 cm)

5. **Malleolus Pad**  
(RM Only) The Malleolus Pad is 7” (18 cm) in length. It’s an effective option for regaining shape around the ankle as the shredded foam settles into the anatomical indentations and equalizes pressure around the malleoli.

6. **Dorsum Pad**  
(RM Only) Used when additional pressure is needed over the dorsum of the hand. The finely shredded foam sinks down into the spaces between the metacarpals.

7. **Palm Pad**  
(RM Only) This 3.5”x4” (9x10 cm) pad equalizes the pressure on the dorsum and helps to maintain the proper functional arch of the hand under bandage pressure.

8. **Rectangle Pad**  
(RM Only) These slimline rectangular pads are for use anywhere additional pressure is needed to provide better therapeutic results, i.e., lateral chest wall, anterior tibialis or lateral aspect of the forearm.  
Sizes: 4”x8” (10x20 cm) or 4”x12” (10x30.5 cm)

9. **Crescent Pad**  
(RM Only) These loose fill crescent shaped pads support lobules and separate the skin-on-skin contact that commonly causes microbial infections. Positioning excess tissue into its normal anatomical position while under external compression, this garment is recommended for use during the reduction phases of lymphedema treatment.  
Sizes: Small 20” (51 cm), Medium 24” (61 cm), and Large 28” (71 cm) measured on the outer edge from tip to tip.

JoViPak® multipurpose pads can be used in any area where there is a need for softening fibrotic tissue, providing pressure equalization, filling an anatomical indentation, or adding protection between skin folds.
These products resemble small beanbags and were developed specifically to address a stubborn problem: **long-standing or woody fibrosis**. Made from Organic Cotton/Lycra® fabric and filled with natural cherry pits (instead of foam), they provide a massaging action as the patient moves and the cherry pits settle into and soften the fibrotic tissue. See page 30 for precautions.

1. **Round**
   - Sizes: Small 4” (10 cm) Loose Fill
     - Large 6” (15 cm) 3 Channels

2. **Oval**
   - Sizes: Small 4”x6” (10x15 cm) Loose Fill
     - Large 5.5”x8.5” (14x22 cm) 3 Channels

3. **Crescent**
   - Designed to address stubborn fibrosis at the base of the toes.
   - Sizes: XSmall 1.5”x4” (4x10 cm) Loose Fill
     - Small 2”x5” (5x12.5 cm) 3 Channels

4. **Half Circle**
   - Sizes: Small 6” (15 cm) Channeled
     - Medium 8” (20 cm) Channeled

5. **Rectangle**
   - 6”x9” (15x23 cm) Channeled

6. **Gauntlet**
   - Use this slip-on gauntlet-style under short-stretch bandage to soften woody or long-standing fibrosis on the back of hand.
   - Sizes: Right or Left - Small, Medium, or Large - all Loose Fill

7. **Tapered Strip**
   - Ideal for the lateral forearm.
   - Sizes: 2.25”x7” (5.5x18 cm) - 2 Channels

8. **Dorsum Pad**
   - Use this small pad with a short-stretch bandage to soften long-standing or woody fibrosis on the dorsum of hand.
   - Sizes: 4”x5” (10x12.5 cm) - 3 Channels

9. **Inframammary Pad**
   - Fibrosis of the inferior breast is an ongoing problem for many women. JoViPak designed this elliptical-shaped pad to extend from the serratus anterior to the xiphoid process and provide gentle compression along the inferior aspect of the affected breast when used under a sport or compression bra.
   - (Also available with foam fill, see page 10.)
   - Sizes: Small, Medium, Large, XLarge - Channeled

**Cylinders**
- PitPak Cylinders used under short-stretch bandaging facilitates the softening of fibrotic tissue in a variety of body locations.

10. **Full Padding Cylinder**
    - Sizes: Small 7” to 9” (18 cm to 23 cm) Channeled
      - Medium 9” to 12” (23 cm to 30.5 cm) Channeled
      - Large 11” to 15” (28 cm to 38 cm) Channeled
      - XLarge 14” to 17” (35.5 cm to 43 cm) Channeled

11. **Half Padding Cylinder**
    - Sizes: Small 7” to 10” (18 cm to 25.5 cm) Channeled
      - Medium 8” to 12” (20 cm to 30.5 cm) Channeled
UPPER BODY REHAB

1. Rotator Cuff
(RM only) This torso supported, upper arm-cylinder garment was designed to control edema and provide comfort and support for the rotator cuff. It helps in stabilizing an AC separation and limit abduction to 90°, or injuries where shoulder flexion is contraindicated during the rehab phase of treatment. The optional JoViJacket (shown above) is recommended for optimal therapeutic benefit. Sizes: Small (widest biceps 25.5-30.5 cm, chest 86.5-94 cm) Medium (widest biceps 30.5-35.5 cm, chest 97-103 cm) Large (widest biceps 35.5-40.5 cm, chest 103-112 cm) XLarge (widest biceps 40.5-45.5 cm, chest 112-124 cm)

2. Elbow Cylinder
(RM only) This cylinder-style rehab garment helps control swelling from the mid-forearm to the mid-upper arm. It is comforting for strains and sprains in the subacute stage and helps control swelling for faster recovery. Padding is absent directly over the olecranon. Continuous Flow™ channeling guides lymph flow away from the injured area. If additional compression is needed, use the optional matching JoViJacket. Sizes are based on elbow circumference: Small (23-25.5 cm) Medium (25.5-29 cm) Large (29-33 cm) XLarge (33-37.5 cm)

3. Elbow Wrap
(RM only) This wrap-style elbow garment is recommended for edema and pain management, for strains, sprains and post-operative management of the elbow to control swelling for faster recovery. This garment solution allows for functional elbow flexion to approximately 90°. Sizes are based on elbow circumference: Small (23-25.5 cm) Medium (25.5-29 cm) Large (29-33 cm) XLarge (33-37.5 cm)

4. Cock-Up Splint
(RM only) The wrap-style cock-up (wrist support) splint is unique in the market as it stabilizes the wrist when necessary and acts as an edema splint at the same time. It offers an easy slide-in design which wraps at the wrist and forearm and has a removable aluminum splint combining the capability of either hard or soft splint. It is a good choice for post surgical wrist management allowing easy access to a wound. Sizes are based on widest palm at thumb web circumference: Small (16.5-19 cm) Medium (19-21.5 cm) Large (21.5-24 cm) XLarge (24-26.5 cm)

Matching JoViJackets are available for Cylinder garments.

It’s time to change the way we think about managing swelling for both injuries and post-operative surgical procedures.

From getting an athlete back in the game or a geriatric knee replacement patient back on their feet, the JoViPak rehab line has proven to be more effective than the standard R.I.C.E. (rest, ice, compression and elevation) method. The designers of this new line are seasoned lymphedema therapists who, after many years of successfully treating chronic and/or very complex edemas, understand the value of supporting the lymph system. Whether the problem is an open wound, a diabetic ulcer, a strain or sprain, a compound fracture, an amputation or joint replacement, facilitating optimal lymph drainage to remove excess interstitial fluid away from the injury is the key to rapid healing.

Designed for both men and women, the technology behind the JoViPak rehab garments directs excess fluids away from the injury and into the lymphatic transport system. Edema is frequently the limiting factor in rehab. All too often, compressive long-stretch elastic bandages are used which tend to act as tourniquets, minimizing both blood and lymph flow. Coupled with traditional sports injury management, the JoViPak Rehab garment addresses joint protection and edema management principles into one product and keeps the patient moving.
1. **Knee Wrap**
   (RM Only) This wrap-style knee garment covers the leg from mid-calf to lower thigh and is JoViPak’s most popular rehab product. This adjustable garment with wrap-around nylon/Spandex® outer wrap is ideal for acute injuries. It was designed for acute or traumatic edema when donning or wound dressing is a consideration. Lay the leg into the open garment, wrap it around the knee and tighten to the patient’s tolerance level. Sizes are based on knee circumference: Small (39-34 cm) Medium (34-39.5 cm) Large (39.5-44.5 cm) XLarge (44.5-51 cm)

2. **Extended Knee Wrap**
   (RM Only) This wrap-style knee garment covers the leg from below mid-calf to upper thigh. This adjustable garment with wrap-around nylon/Spandex® outer wrap is ideal for acute injuries or knee replacements. It is designed for acute or traumatic edema when donning or wound dressing is a consideration. Lay the leg into the open garment, wrap it around the knee and tighten to the patient’s tolerance level. Sizes: Small (knee 29-34 cm, mid-thigh 41-49.5 cm) Medium (knee 34-39.5, mid-thigh 49.5-58.5 cm) Large (knee 39.5-44.5 cm, mid-thigh 58.5-67.5 cm) XLarge (knee 45.5-51 cm, mid-thigh 67.5-76.5 cm)

3. **Knee Cylinder**
   (RM Only) This cylinder-style knee garment covers the leg from mid-calf to lower thigh. The pull-on, padded cylinder provides comfort and support in the subacute phase of any knee injury, including arthritis. There is no padding over the patella and Continuous Flow™ channeling directs fluid away from the injured area. Sizes are based on knee circumference: Small (29-34 cm) Medium (34-39.5 cm) Large (39.5-44.5 cm) XLarge (44.5-51 cm)

4. **Thigh Cylinder**
   (RM Only) This pull-on, cylinder-style thigh garment covers the leg from tibial tuberosity to the groin and provides comfort and minimizes pain from contusions or swelling. Sizes are based on mid-thigh circumference: Small (41-49.5 cm) Medium (49.5-58.5 cm) Large (58.5-67.5 cm) XLarge (67.5-76 cm)

5. **Calf Wrap**
   (RM Only) This wrap-style, adjustable foam-filled garment, covers the calf from ankle to knee and is easy to don/doff. The garment comes with an attached nylon/Spandex® outer wrap for maximum effectiveness. Sizes are based on widest calf circumference: Small (33-38 cm) Medium (38-43 cm) Large (43-48 cm) XLarge (48-53 cm)

6. **Thigh Wrap**
   (RM Only) Extends from lower thigh to groin with adjustable Velcro® closure. Attached nylon/Spandex® wrap-around Powernet® eliminates the need for short-stretch bandaging. Sizes are based on mid-thigh circumference: Small (41-49.5 cm) Medium (49.5-58.5 cm) Large (58.5-67.5 cm) XLarge (67.5-76.5 cm)

7. **Foot and Lower Leg Wrap**
   (RM Only) Unique adjustable design for acute injuries (e.g., acute sprains & fractures) allows for easy donning & adjustability to patient’s tolerance. Fits like a boot extending to the base of the knee with a full-length Velcro® closure that can be tightened as swelling is reduced. It comes with an inner anterior tibialis pad which provides additional protection over the ankle and settles into the anatomical indentations around the malleoli. Matching JoViJacket available. Sizes: Small (ankle 19-21.5 cm, widest calf 33-38 cm) Medium (ankle 21.5-24 cm, widest calf 38-43 cm) Large (ankle 24-26.5 cm, widest calf 43-48 cm) XLarge (ankle 26.5-29 cm, widest calf 48.5-53 cm)

8. **Ankle Wrap**
   (RM Only) The unique adjustable design allows for easy donning and is adjustable to the patient’s tolerance. In a rehab setting, it is appropriately used for acute injuries (e.g., acute sprains, fractures, and post surgical management). Matching JoViJacket available. Sizes are based on ankle circumference: Small (19-21.5 cm) Medium (21.5-24 cm) Large (24-26.5 cm) XLarge (26.5-39 cm)
Thank you for choosing JoViPak as your partner in the treatment of chronic and acute edema.

Our superior products are designed and manufactured in the USA.